

Dimensions For Living is a South West based charity co-founded by Barbara Wilson who has been an Ambassador for Autism for over 30 years. Dimensions For Living aims to ensure that individuals on the Autism Spectrum receive seamless support and respect from the cradle to the grave; all through the different dimensions of their life.

“If you ever think how difficult it is to deal with someone with Autism, think how very difficult it is for us to deal with you. And we have to do it every minute of every day. But you don't know who we are. So this card gives us a tool to let you know that we are on the Autism Spectrum and are disabled, and that we require reasonable adjustments. When we use it, I hope you understand the message.”

Quote from individual on the Autism Spectrum

“This card scheme is incredibly important and a terrific step forward. It will provide autistic people with the confidence that there will be a better understanding of their condition especially amongst emergency services. It will be a valuable tool for officers and support them to better deal with behaviour that may be presented in a situation/incident. I hope the card will prove to be a tool that will enable both police officers and persons on the autism spectrum to respect each other and work together to enable better outcomes.”

Barbara Wilson, Dimensions for Living

“Devon and Cornwall Police is proud to support the Autism Alert Card Scheme to raise awareness of autism and to improve our interactions with autistic people. We are committed to identifying and protecting vulnerable members of our communities, some of whom may be autistic whilst also safeguarding all those in need.”

Chief Constable Shaun Sawyer, Devon & Cornwall Police

“We want to make Plymouth an Autism Friendly city where people with autism are respected and valued as equal citizens. Plymouth recognises the importance of how people interact with the police and emergency services and acknowledge the value of implementing the Autism Alert Card across the region. Plymouth City Council is keen to work in partnership to ensure that we collectively respond to the needs of vulnerable people by offering solutions that help and empower.”

Councillor Ian Tuffin,

Cabinet Member for Adult Social Care for Plymouth City Council

Fully supported by Devon & Cornwall Police, Devon County Council, Plymouth Health and Torbay Council.

Go to www.dimensionsforliving.org/xq for full details.

Thank you to ADEEVA Media for donating their design work for this leaflet.
01392 431890 evadesign@me.com

How to apply

The Devon Autism Alert Card is FREE on first issuance. There will be a small fee for replacement cards.

Apply online:

Go to our website: www.dimensionsforliving.org to fill out an online form.

Email us for an application form:

autismcard@dimensionsforliving.org

Fill out this form to request a postal application:

Name:

Address:

Postcode:

Phone:



I am: applying for myself
 applying on behalf of someone else

Mail to:

Dimensions For Living
Brookside Dell, West Hill
Ottery St Mary
Devon
EX11 1UD

Apply by phone:

Telephone: 07421 778809







Follow us:  Dimensions For Living
 @AutismDFL
 Dimensions For Living

The Devon Autism Alert Card

Safety, Security & Support



You need to read this
if you live in Devon and are:

-  On the Autism Spectrum
-  Someone with a family member on the Autism Spectrum
-  A carer for a person with Autism
-  A health worker with patients on the Autism Spectrum
-  A professional working in the field of Autism
-  An educator with students on the Autism Spectrum



Devon & Cornwall Police



Dimensions For Living is charity registered in England & Wales.
Charity No: 1061060 and a company limited by guarantee No: 03251872

Supporting everyone associated with the Autism Spectrum

Are you on the Autism Spectrum?

The Devon Autism Alert Card is free. It is made in a credit card style from high quality plastic and clearly states that the holder is on the Autism Spectrum. The holder's name and a unique identifying number is embossed into it.

Practical security

Those of us on the Autism Spectrum are often overwhelmed by noise, eye contact, questions, feelings, touch, smells, conversation, lights, people....and people... and people...

And this especially happens in stressful situations: accidents, misunderstandings, social situations, public situations, contact with police or emergency services....

But when we are being overwhelmed it is a challenge to tell people of our condition.

So we show the **Devon Autism Alert Card**:

- It is authoritative
- It requires people to take our condition into account and alter their behaviour
- It has our emergency contact numbers on it
- Showing it means that The Autism Act 2009 and The Equality Act 2010 should be followed
- Designed by Autistics for Autistics (and for everybody else)

A powerful tool

It is also about prevention. We can look after ourselves better by showing the card before we are overloaded in any way. When we first meet a new doctor, when we need to communicate and are not quite sure how, when we can foresee stress...

It is an elegant way to ensure people consider our condition and treat us with the respect they need to.

A supportive system

- A free personalised credit card sized Autism Alert Card
- One to one support during the application process as needed
- Follow up support and guidance on its use
- A website offering truly helpful advice and insights
- Fully supported by the Devon & Cornwall Police, Devon County Council, Plymouth City Council and Devon Link Up

A safety net

We might use the card once a month, once a year, once in five years.... but that each once can help us in ways that only we can know.

And just carrying the card makes us confident we have the full support in our pocket.

Easy application

Look on the back page of this leaflet. We take applications online, offline, by phone, email... We'll even fill out the form for you if need be, we'll just send it to you for a final signature and we'll keep supporting you after. Most of us are on the Spectrum ourselves so we understand the problems.

For families, friends, carers, educators, professionals, health workers...

This card's potential value to an autistic individual is big. Let them know about this and feel free to help them apply.

- Suitable for individuals from all across the Spectrum
- Easy to apply for by parents of children on the Spectrum
- Carers and other professionals can also apply on behalf of someone they support
- Helpful material supplied by us guides all parties on 'how to use'

Apply Now - see over

